



Książka o Diecie Mięsnej: Przewodnik Po Sukcesie z Ponad 100 Przepisami

Indeks: 737014 Producent: Victory Belt Publishing

Cena: **159.53 zł**

Opis

The Carnivore Cookbook: The Complete Guide to Success on the Carnivore Diet with Over 100 Recipes, Meal Plans, and Science

Producent: Victory Belt Publishing

Książka Kucharza Krzyżowca jest kompletnym przewodnikiem, który pomoże Ci odnieść sukces na diecie krzyżowca. Zawiera ponad 100 przepisów, które pomogą Ci przygotować smaczne posiłki. Dodatkowo znajdziesz w niej plany posiłków, które ułatwią Ci organizację diety. Książka zawiera również naukowe podstawy dietetyki, które pozwolą Ci zrozumieć, dlaczego dieta krzyżowca może być skuteczna dla Twojego organizmu.

Książka Kucharza Krzyżowca waży 2,35 funtów. Jej językiem jest angielski. Zawiera wiele informacji na temat diety krzyżowca oraz zdrowego odżywiania. Jest przydatna zarówno dla osób zainteresowanych dietą wysokobiałkową, jak i bezglutenową. Zawiera również porady dotyczące radzenia sobie z alergiami pokarmowymi.

- **temat:** COOKING / Health & Healing / Gluten-Free, COOKING / Health & Healing / High Protein, COOKING / Methods / Barbecue & Grilling, COOKING / Specific Ingredients / Meat, Cooking/Health & Healing - High Protein, Cooking/Health & Healing - Low Carbohydrate, Cooking/Methods - Barbecue & Grilling, Cooking/Specific Ingredients - Meat, HEALTH & FITNESS / Diet & Nutrition / Diets, HEALTH & FITNESS / Diet & Nutrition / Diets, HEALTH & FITNESS, Diet & Nutrition, Diets, COOKING / Health & Healing / High Protein, COOKING, Health & Healing, High Protein, COOKING / Health & Healing / Gluten-Free, Gluten-Free, Diets and dieting, nutrition, Cookery / food for high-protein diets, Cookery, food for high-protein diets, Cookery / food for gluten-free diets, food for gluten-free diets, Coping with / advice about allergies, including food allergies, Coping with, advice about allergies, including food allergies, carnivore diet;meat cookbook;carnivore diet cookbook;carnivore cookbook;cookbooks;food;cooking;cookbook;health;diet;nutrition;health and fitness;weight loss;fitness;wellness;self help;diet books;healthy;health and wellness;clean eating;nutrition books;motivation;cook books;health books;healthy cookbooks;alternative medicine;medical books;happiness;cook book;self help books;metabolism;cooking gifts;fitness books;self development books;motivational books;clean eating cookbook;cooking books, Cooking with meat & game, Cooking with meat & game, Cookery / food by ingredient: meat and game, Cookery / food for gluten-free diets, Cookery / food for high-protein diets, Coping with / advice about allergies, including food allergies, Diets and dieting, nutrition
- **wiążący:** paperback
- **język:** english, english, english
- **waga przedmiotu:** 2.35 pounds
- **strony:** 336
- **słowo kluczowe tematu:** carnivore diet;meat cookbook;carnivore diet cookbook;carnivore cookbook;cookbooks;food;cooking;cookbook;health;diet;nutrition;health and fitness;weight loss;fitness;wellness;self

help;diet books;healthy;health and wellness;clean eating;nutrition books;motivation;cook books;health books;healthy cookbooks;alternative medicine;medical books;happiness;cook book;self help books;metabolism;cooking gifts;fitness books;self development books;motivational books;clean eating cookbook;cooking books, cookbooks; health; cookbook; cooking; healthy cookbooks; cook books; cook book; healthy; health books; nutrition; food; diet; self help; wellness; health and fitness; weight loss; fitness; diet books; health and wellness; clean eating; nutrition books; motivation; alternative medicine; medical books; happiness; self help books; fitness books; self development books; carnivore diet; meat cookbook; carnivore diet cookbook; carnivore cookbook; metabolism; cooking gifts; motivational books; clean eating cookbook; cooking books

- **marka:** Victory Belt Publishing
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Autor	Maria Emmerich
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