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Opis

An Emotionally Focused Workbook for Couples: The Two of Us

Producent: Routledge

- **temat:** Psychotherapy, Social counselling and advice services, Counselling & advice services, PSYCHOLOGY / Mental Health, PSYCHOLOGY, Mental Health, PSYCHOLOGY / Psychotherapy / Couples & Family, Couples & Family, Denise's Attention;attachment;Partner's Emotional Experience;emotions;Negative Dance;security;Disengaged;bond;Arrow Tip;injury;Negative Cycle;repair;Small Heart;intimacy;Core Emotions;sex;Previous Attachment Experiences;transition;Relationship Dance;emotionally focused therapy;Chronic;EFT;Wo;Sue Johnson;Vulnerable Emotions;communication;Hurtful Events;love;Follow;express;Secure Bond;validate;Unmet Attachment;listen;Worksheets;cycle;Attachment Injury;behavior;Hurt Feelings;perception;Defensive Anger;secondary emotions;Couple's Negative Interactions;pursuing;Emotional Chain Reactions;negative behavior;Fairy Tales;conflict;Relationship Injury;Relationship;pattern;Bowlby;safe haven;secure space;romantic love;gender;distancing position;positive cycles;rebuild;roadmap, PSYCHOLOGY / Mental Health, PSYCHOLOGY / Psychotherapy / Couples & Family, Psychology/Mental Health, Psychology/Psychotherapy - Couples & Family, Counselling & advice services, Counselling & advice services, Psychologie, Psychotherapy, Psychotherapy: couples and families, Social counselling and advice services, HC/Psychologie
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