

LIES
MY DOCTOR
TOLD ME

Medical Myths That
Can Harm Your Health

Ken D. Berry, MD, FAAP



Mity Medyczne, Które Mogą Zaszkodzić Twojemu Zdrowiu - Wydanie Drugie

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Opis

Lies My Doctor Told Me Second Edition: Medical Myths That Can Harm Your Health

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From the carnivore diet to the role of doctors in healthcare, Berry covers a wide range of subjects related to health and wellness. With a focus on self-help and motivation, this book empowers readers to take control of their own health. Whether you're interested in weight loss, fitness, or psychology, this book offers practical advice and insights to help you live your best life.

Published by Victory Belt Publishing, "Medical Myths That Harm Your Health" is an illustrated paperback that offers a fresh perspective on common health myths. With its engaging and informative content, this book is perfect for anyone looking to make informed decisions about their health. Don't let misconceptions hold you back - empower yourself with the knowledge found in this essential guide.

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